

# Shakti Groove

>Sound >Movement >Energy

**Friday 4<sup>th</sup> March**

Prahran 6.30pm - 9.30pm

By Divine Grace Yoga

**Saturday 5<sup>th</sup> March**

Brunswick 6.30pm - 9.30pm

By Sparkly Yoga

An intense joyful YOGA practice supported by a live DJ set. An intense joyful Yoga practice supported by a live Dj set. Letting our own inner dance emerge, being completely absorbed by music and movement, just like a journey into the deepest meditation.

By Marco Mandrino and DJ Yatu.

**Cost 55\$**

Free nibbles, snacks and light refreshments with live DJ set at the end

**Friday: BREATHING SPACE STUDIO**

Upstairs suite 6/ 217 Chapel st Prahran, Melbourne

**Info&Booking:** Andrew Mournelis ph: 0418 121 468

email: [amournelis@divinegrace.com.au](mailto:amournelis@divinegrace.com.au)

Web [www.divinegrace.com.au](http://www.divinegrace.com.au)

**Saturday: Australian Shiatsu College**

103 Evans st, Brunswick

**Info&Booking:** Michele Maselli

[michele@sparklyyoga.com](http://michele@sparklyyoga.com) - 0410184771

**HARI-OM**  [www.hari-om.it](http://www.hari-om.it) - [info@hari-om.it](mailto:info@hari-om.it)

